

Dr. Jeremy L. Blunt is an American empowerment speaker, therapist, personal growth and professional development coach, philanthropist and self-help author. His more than twenty years of professional speaking, leadership and development experience has equipped him with an abundance of relevant content to empower and teach skills like resilience, self-development and effective goal setting.

Dr. Blunt has spoken for organizations in person and virtually from all over the world. He connects with audiences through the power of stories while delivering a message that engages in a practical and an inspiring way.

Dr. Blunt is the Founder and Chief Executive Officer of Stitches for Life, providing professional counseling, coaching and consulting services and Co-founder of the Stitches Influencing Purpose Initiative, a non-profit organization geared to empower families.

Dr. Blunt is married to Deatra Peoples-Blunt and the proud father of two daughters, Kaylie and Amerie. He is a United States Army Veteran and lives in Baton Rouge, Louisiana.

Dr. Blunt's vision is to create a global culture of unity by teaching and inspiring people stocker Literapologetically great.



Official Headshots











Official Logos













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